



Small and Medium Enterprises Working Group Pandemic Influenza Train the Trainer Workshop

### Workshop Objective

After completion of the course, the participants will have an increased knowledge of the threat of an influenza pandemic and the importance of SMEs planning and preparing for a pandemic.

The participants will also be able to adapt the course materials into appropriate communications tools for their culture and be ready to teach SMEs about how to prepare back home.



### Small and Medium Enterprises Working Group Pandemic Influenza Train the Trainer Workshop

#### Agenda

Time	Duration	Торіс	Presenter		
08:30~09:00	30 min.	Registration and Complete Pre Workshop Questionnaire Pretest	All		
09:00~09:05	5 min.	Welcome from the Co-Host, International Trade Administration, U.S. Department of Commerce	Dan Miller		
09:05~09:10	5 min.	Welcome and Introductions from Co-Host, Chinese Taipei Representatives	Guann-Jyh Lee		
0910:~09:20	10 min.	Introductions of Participants and Represented Economies	All		
09:20~09:22	2 min.	Introduction of Workshop Faculty, Lisa Koonin, Beryl Janz, Kevin Farris	Dan Miller		
09:22~09:30	8 min.	Purpose of the Workshop and Review of the Agenda	Lisa Koonin		
09:30~09:45	15 min.	Getting Started: Why is Pandemic Planning Important for SMEs?	Lisa Koonin		
09:45~10:35	50 min.	Session I: Key components of SME Pandemic Flu Planning: Stay in Business	Beryl Janz		
10:35~10:45	10 min.	Morning Break	All		
10:45~11:25	40 min.	Session II: Key components of SME Pandemic Flu Planning: Protect the Health of Your People	Lisa Koonin		
11:25~11:40	15 min.	Session III: Key components of SME Pandemic Flu Planning: Employees Prepare at Home	Lisa Koonin Beryl Janz		
11:40~12:15	35 min.	What Has Been Done in Your Economy?	All		
12:15~13:30	1 hour 15 min.	Lunch	All		
13:30~13:40	10 min.	Afternoon Instructions and Toolkit Inventory	Kevin Farris		
13:40~14:40	1 hour	Assisting SMEs in Developing a Pandemic Business Continuity Plan (Using the <i>Building Resilience Through Business Continuity and Pandemic Planning</i> Workbook)	Beryl Janz		
14:40~15:10	30 min.	Small Group Discussion: Pick 2 Influenza Pandemic Planning Questions	Lisa Koonin, Beryl Janz, Kevin Farris		
15:10~15:25	15 min.	Afternoon Break	All		
15:25~16:00	35 min.	Getting Ready to assist SMEs: 5 Key Questions for SMEs	Lisa Koonin		
16:00~17:00	1 hour	Read Out for Participants to Discuss 5 Key Questions for SMEs	Lisa Koonin		
17:00~17:15	15 min.	Final Question and Answer Session and Next Steps	Lisa Koonin		
17:15~17:30	15 min.	Complete End of Course Evaluation Form and Post Workshop Questionnaire Posttest	Kevin Farris		
17:30		Adjourn			



Lisa M. Koonin, MN, MPH Senior Advisor Influenza Coordination Unit Coordinating Center for Infectious Diseases Centers for Disease Control and Prevention

Ms. Lisa Koonin serves as Senior Advisor for Pandemic Preparedness Partnerships in the Influenza Coordination Unit at the Centers for Disease Control and Prevention (CDC). The Influenza Coordination Unit is responsible for all aspects of CDC's pandemic influenza preparedness activities. Ms. Koonin provides leadership and consultation for pandemic preparedness activities related to CDC's partners and pandemic preparedness activities between CDC, HHS and other Federal agencies. Ms. Koonin also provides direction for major initiatives linking public health agencies and the private sector for improving community-level emergency preparedness and serves as CDC's Lead for private sector pandemic influenza planning and response.

Ms. Koonin has been with CDC since 1987. Prior to this position, Ms. Koonin served as Chief of the Private and Public Partners Branch in the Division of Partnerships and Strategic Alliances, National Center for Health Marketing, at the Centers for Disease Control and Prevention (CDC). In this role, she provided leadership and coordination for partnerships with CDC and business, education, healthcare, federal agencies, and faith-based and community organizations. Ms Koonin has also served as Director for Business Partnerships for CDC. In this role, she developed and led effective partnerships among businesses, business organizations, employers, and public and private purchasers of health care with CDC and public health. Ms. Koonin was one of CDC's Senior authors of the recently released pandemic *Community Mitigation Guidance*. Her team has produced numerous checklists and tools for businesses, as well as for educational, health care and faith and community-based organizations to use for pandemic influenza planning and preparedness. She also served as CDC's Chief for Reproductive Health Surveillance for 12 years.

Prior to her employment with CDC, Ms. Koonin spent 10 years in a variety of clinical and faculty nursing leadership positions. Ms. Koonin is a Family Nurse Practitioner and Epidemiologist with a Masters of Nursing and a Masters of Public Health degree from Emory University. Ms. Koonin actively serves as a member and leader of multiple committees/workgroups within CDC, HHS and for other organizations. She contributed to the development of the *National Strategy for Pandemic Influenza Implementation Plan* and now actively participates in the White House Homeland Security *Council's Interagency Private Sector Workgroup on Pandemic Influenza*. Ms. Koonin has published approximately 50 papers on a variety of health topics.



Beryl Janz, MBA Branch Manager Disaster Preparedness and Recovery Branch Department of Families, Housing Community Services and Indigenous Affairs Australian Government

Ms. Beryl Janz is Branch Manager, Disaster Preparedness and Response in the Department of Families, Community Services and Indigenous Affairs. Her branch is responsible for building community capacity and resilience related to disasters and critical incidents, including planning for, and managing the community impacts, of a potential influenza pandemic.

Prior to joining FaCSIA, she was the General Manager Crisis Management and Response in the Department of Industry, Tourism and Resources where she worked extensively on pandemic influenza preparedness for industry and developed some key reference material such as *Being Prepared for Influenza Pandemic – A Business Continuity Guide for Australian Business* and the *Kit for Small Businesses* that are available on the DITR website. She also prepared the Department's pandemic plan and revamped its business continuity arrangements.

She has been involved in crisis management and communication for a range of Australian Government agencies for about 15 years. As the National Media Manager for the Australian Federal Police, Beryl was heavily involved in the response to the Bali bombing in 2002.

She has a Bachelor of Business (Communication) and a Master of Business Administration.



#### Kevin L. Farris, MAEd Training and Development Project Manager Professional and Technical Training Programs Oak Ridge Institute for Science and Education Oak Ridge Associated Universities

Mr. Kevin Farris has been involved in the business and education field for over 10 years. He has a Master of Arts in Education degree concentrating in Organizational Training and Education and a Bachelor of Science degree in Organizational Management. He is an active member of the American Society for Training and Development and the American Management Association.

Mr. Farris was a conflict of interest analyst representing local, regional, national, and international business clients for former United States Senator, Howard Baker, Jr. and his legal and public policy firm Baker, Donelson, Bearman, Caldwell and Berkowitz, PLLC before transitioning into the education field as an adult education counselor at Tusculum College.

Building on his experience, Mr. Farris continues his role in business and education at the Oak Ridge Institute for Science and Education (ORISE). ORISE is managed by Oak Ridge Associated Universities, a university consortium leveraging the scientific strength of 98 major research institutions to advance science and education by partnering with national laboratories, government agencies, and private industry.

As a project manager in the Professional and Technical Training Programs, Mr. Farris has led a broad range of projects for a diverse group of clients. Projects have included conducting human capital assessments, authoring science-based industry training modules with subject matter experts, and participating in global health training and evaluation projects in China, Africa, and South America.



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#### Workshop Attendees – Alphabetical

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### APEC Pandemic Flu Planning Guide for SMEs

A flu (influenza) pandemic is an outbreak of a new flu virus that spreads around the world. Because it is a kind of flu that is new to people, most people will not be protected (immune) from it. A very bad flu pandemic will make people sick and many may die, and will also affect your business. We do not know yet how bad a new flu pandemic will be until it happens. There is no flu pandemic now – but people can plan now to protect themselves, their families, and their businesses.

#### **Stay in Business**

- Develop a plan for your business during a pandemic.
- Test, review and update your plan as new information becomes available.
- Work out how to run your business if many of your employees can not come to work.
- Find out if local schools plan to close during a pandemic and the effect that may have on your employees.
- Plan where to get essential business supplies if you cannot get them from your normal sources.
- Plan for changes in demand for your services and products.
- Put some extra cash aside for your business to use in an emergency.
- Think about how you will communicate with employees, suppliers, and other business partners before, during, and after a pandemic.
- Plan how you will work with employees, other business partners, other companies, and the government before, during, and after a flu pandemic.



#### **Protect your People**

There may be limited or no access to vaccines and antiviral medications during a pandemic. However, other actions can protect people:

- Share information that will help employees and their families learn about pandemic flu and be ready for pandemic flu.
- People who have flu can spread it to others. Ask employees to stay home if they are sick during a pandemic.
- Most people with the flu will be cared for at home. Prepare to assist employees to care for sick family members at home.
- Slow the spread of disease: cover your nose and mouth with a handkerchief or tissue when coughing or sneezing, and be sure to wash your hands.
- Encourage your employees to wash their hands often with soap and water especially after coughing or sneezing, before eating, drinking, smoking, or touching their face.
- Flu virus can spread easily when people are close together.
  Plan how you will help your employees avoid large groups, continue working, and keep people apart from each other at your business.
- Wear a mask if health officials tell you to.

#### **Prepare at Home**

During a flu pandemic you may not be able to get to a store or market. Your town may not be able to get water to your home or business.

Stock up on:

- extra food that will not spoil;
- food and supplies for children;
- clean water to last for at least 2 weeks or a water purification system;
- flashlight and batteries;
- soap and water to wash hands;
- thermometer;
- handkerchiefs/tissues;
- extra cash;
- key documents and identification (passport, government issued identification, health records, health insurance papers);
- supplies for animals.





#### Small and Medium Enterprises Working Group Pandemic Influenza Train the Trainer Workshop

Glossary of Terms								
Term	Definition							
Absenteeism Rate	Proportion of employed persons absent from work at a given point in time or over a defined period of time.							
Antiviral	A medication that may be used to treat people who have been infected by a virus to help limit the impact of some symptoms and reduce the potential for serious complications. People who are in high risk groups are often given antiviral drugs because of their increased potential to develop additional health issues.							
<b>Avian Influenza</b> (bird flu)	Commonly known as bird flu, this strain of influenza virus is naturally occurring in birds. Wild birds can carry the virus and may not get sick from it; however, domestic birds may become infected by the virus and often die from it. Rarely, avian influenza is transmitted to humans who have close contact with sick or infected birds.							
CDC	Centers for Disease Control and Prevention, the U.S. government agency at the forefront of public health efforts to prevent and control infectious and chronic diseases, injuries, workplace hazards, disabilities, and environmental health threats. CDC is one of 13 major operating components of the U.S. Department of Health and Human Services.							
Childcare	Childcare programs discussed in this guidance include 1) centers or facilities that provide care to any number of children in a nonresidential setting, 2) large family childcare homes that provide care for seven or more children in the home of the provider, and 3) small family childcare homes that provide care to six or fewer children in the home of the provider.							
Children	Children are often defined as 17 years of age or younger unless an age is specified or 12 years of age or younger if teenagers are specified.							
Colleges	Post-high school educational institutions (i.e., beyond 12th grade).							
Community Mitigation Strategy	A strategy for the implementation at the community level of interventions designed to slow or limit the transmission of a pandemic virus.							
Contagious	A contagious disease is easily spread from one person to another by contact with the infectious agent that causes the disease. The agent may be in droplets of liquid particles made by coughing or sneezing, contaminated food utensils, water or food.							
Early, Targeted, and Layered Nonpharmaceutical Interventions (NPIs) Strategy	A strategy for using combinations of selected community-level NPIs implemented early and consistently to slow or limit community transmission of a pandemic virus.							
Epidemic	The rapid spread of a disease that infects some or many people in a community or region at the same time.							

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H5N1	The scientific name for a subtype of the avian influenza (bird flu) virus that has spread from birds to humans. The scientific names for these subtypes are classified by different proteins on the virus. New subtypes naturally occur when the proteins change.				
Hand Hygiene	Hand washing with either plain soap or antimicrobial soap and water or use of alcohol-based products (gels, rinses, foams containing an emollient) that do not require the use of water.				
Infection Control	Hygiene and protective measures to reduce the risk of transmission of an infectious agent from an infected person to uninfected persons (e.g hand hygiene, cough etiquette, use of personal protective equipment, such as face masks and respirators, and disinfection).				
Influenza (flu)	A contagious respiratory illness caused by particular strains of viruses.				
Isolation	The physical separation of a person suffering from an infectious or contagious disease from others in a community.				
Nonpharmaceutical Intervention (NPI)	Mitigation measure implemented to reduce the spread of an infectious disease (e.g., pandemic influenza) but one that does not include pharmaceutical products, such as vaccines and medicines. Examples include social distancing and infection control measures.				
Pandemic	An outbreak of a disease that affects large numbers of people throughout the world.				
Pandemic Influenza	A global outbreak of the influenza disease that occurs when a new influenza virus appears in the human population. Because people have little or no immunity to the new strain, serious illness can occur, and the virus can spread easily and rapidly from person to person with no vaccine immediately available. A virulent influenza (flu) caused by a new flu virus strain to which humans have not been exposed. It is more serious than a typical seasonal flu because there is no natural resistance or immunity to it and infects large numbers of people of different ages all over the world, causing serious illness and possibly death.				
Prophylactic	A medical procedure or practice that prevents or protects against a disease or condition (eg, vaccines, antibiotics, drugs).				
Quarantine	The physical separation of healthy people who have been exposed to an infectious disease—for a period of time—from those who have not been exposed.				
Schools	Refers to public and private elementary, middle, secondary, and post- secondary schools (colleges and universities).				
Seasonal Flu A contagious respiratory illness caused by influenza (flu) virus occurring every year. It affects an average of 5 to 20 percent of population by causing mild to severe illness, and in some installead to death. Most people have some immunity, and a vaccin available.					
Social Distancing	A disease prevention strategy in which a community imposes limits on social (face-to-face) interaction to reduce exposure to and transmission of a disease. These limitations could include, but are not limited to, school and work closures, cancellation of public gatherings and closure or limited mass transportation. Measures to increase the space between people and decrease the frequency of contact among people.				
Tele-work	Refers to activity of working away from the usual workplace (often at home) through telecommunication or other remote access means (e.g., computer, telephone, cellular phone, fax machine).				

Vaccine	An injection, usually of an innocuous (weak or killed) form of the virus, that stimulates the production of antibodies by the immune system to help prevent or create resistance to an infection. Vaccines are usually given as a preventive measure.
Virus	Any of various simple submicroscopic parasites of plants, animals, and bacteria that often cause disease and that consist essentially of a core of RNA or DNA surrounded by a protein coat. Unable to replicate without a host cell, viruses are typically not considered living organisms.
<b>WHO</b>	World Health Organization, an agency of the United Nations established in 1948 to further international cooperation in improving health conditions.

#### References

http://www.pandemicflu.gov/glossary/index.html http://www.redcross.org/news/ds/panflu/glossary.html http://www.pandemicflu.gov/plan/community/community\_mitigation.pdf

## Why is Pandemic Planning Important for SMEs?



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## **Flu Terms Defined**

- Seasonal (or common) flu:
  - Can be transmitted person to person
  - Most people have some immunity
  - Vaccine is available
- Avian (or bird) flu:
  - Disease primarily of birds—rarely transmitted from birds to humans
  - No human immunity-causes serious illness/death
  - No human vaccine is commercially available
- Pandemic flu:
  - Novel virus emerges
  - Little or no natural immunity
  - Can spread easily from person to person –if severe, causes illness and death
  - No vaccine available



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#### Cumulative Number of Confirmed Human Cases of Avian Influenza A/(H5N1) Reported to WHO

#### 18 March 2008

Country	2003		2004		2005		2006		2007		2008		Total	
	cases	deaths												
Azerbaijan	0	0	0	0	0	0	8	5	0	0	0	0	8	5
Cambodia	0	0	0	0	4	4	2	2	1	1	0	0	7	7
China	1	1	0	0	8	5	13	8	5	3	3	3	30	20
Djibouti	0	0	0	0	0	0	1	0	0	0	0	0	1	0
Egypt	0	0	0	0	0	0	18	10	25	9	4	1	47	20
Indonesia	0	0	0	0	20	13	55	45	42	37	12	10	129	105
Iraq	0	0	0	0	0	0	3	2	0	0	0	0	3	2
Lao People's Democratic Republic	0	0	0	o	0	0	0	o	2	2	0	o	2	2
Myanmar	0	0	0	0	0	0	0	0	1	0	0	0	1	0
Nigeria	0	0	0	0	0	0	0	0	1	1	0	0	1	1
Pakistan	0	0	0	0	0	0	0	0	1	1	0	0	1	1
Thailand	0	0	17	12	5	2	3	3	0	0	0	0	25	17
Turkey	0	0	0	0	0	0	12	4	0	0	0	0	12	4
Viet Nam	3	3	29	20	61	19	0	0	8	5	5	5	106	52
Total	4	4	46	32	98	43	115	79	86	59	24	19	373	236

Total number of cases includes number of deaths. WHO reports only laboratory-confirmed cases. All dates refer to onset of illness.





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## Spread of Influenza A(H5N1) Viruses





## Human Acquisition of Avian Influenza H5N1



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## What is a Pandemic? Key Features

- A flu (influenza) pandemic is a worldwide outbreak of a new flu virus
- Most people will not be protected (immune) from it
- A very bad flu pandemic will make people sick and many may die (1918 there were 50 million deaths worldwide)
- A severe pandemic will affect businesses and the functioning of community
- Cannot predict timing
- There is no flu pandemic now
- But people can plan now to protect themselves, their families, their communities and their businesses





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### **Three Criteria for a Pandemic**

- A new influenza A virus appears or "emerges" in the human population, and
- It causes serious illness in humans, and
- It spreads easily from person to person in a sustained way, worldwide

# Currently there is no human pandemic influenza in the world



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### **Emergence of Influenza A Viruses in Humans**



### The threat of influenza pandemic is realand it's not a question of IF, but WHEN



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### Dr. Margaret Chan Director-General of the World Health Organization

- Once a fully transmissible pandemic virus emerges, its international spread is considered unstoppable
- This will almost certainly be the greatest health crisis experienced for almost a century
- This will almost certainly be a major economic crisis as well



Address to the Pacific Health Summit Seattle, Washington, United States of America 13 June 2007



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## A 1918-like Pandemic Today:

Potential Effects on Health and Health Systems

- 20-30% of people would become ill
- One-half of ill would need care
- Medical supplies will be inadequate
- Medical facilities will be overwhelmed
- More than 7 million+ deaths could occur worldwide





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## A 1918-like Pandemic Today:

### **Potential Effects on SMEs**

- Up to 40% employee absenteeism possible
  - Illness
  - May need to stay home to care for ill family members
  - May need to stay home to care for children (if schools and childcare closed)
  - May feel safer at home and afraid to come to work
- Risk of death (about 2 7% worldwide in 1918)
- Supply chain disruptions
- Financial disruptions and pressures
- Some businesses might have to close
- Increase or decrease in demand for services
- Community disruptions (food, water, fuel)
- Restricted movement in community and restricted travel





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### **Current WHO phase of pandemic alert**

Inter-pandemic phase	Low risk of human cases	1
New virus in animals, no human cases	Higher risk of human cases	2
Pandemic alert	No or very limited human-to-human transmission	3
New virus causes human cases	Evidence of increased human-to-human transmission	4
	Evidence of significant human-to-human transmission	5
Pandemic	Efficient and sustained human-to-human transmission	6

#### http://www.who.int/csr/disease/avian\_influenza/phase/en/index.html





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### Why Should SMEs Prepare for Pandemic Influenza?

Planning may help to:

- reduce spread of the pandemic virus
- decrease the number of people who get sick and die
- help SMEs function better during a pandemic
- help maintain community essential services
- reduce the economic and social impact of a pandemic
- provide benefits now, to strengthen businesses for other types of emergencies and disease threats



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## Why Plan Now?

- Pandemic influenza is not like other threats
  - No damage to buildings
  - Everyone is susceptible
  - Everyone affected all at the same time
  - No planning = more illness and more death
- Prolonged response may be needed (up to 12 weeks in a community for a wave, multiple waves)
- Advance planning is needed for maintaining business continuity AND protecting health
- SMEs will have a key role in protecting the health of employees and the community
- Planning takes time, partnerships and resources





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### APEC Pandemic Flu Planning Guide for SMEs

A flu (influenza) pundemic is an extensió of a new flu vinus that spreads around the world. Because it is a kind of flu that is new to people, most people will not be protected (immune) from it. A very tead flu pandemic will make people sick and many may die, and will also affect your transmess. We do not know yet from tod a new flu pandemic will be until it happens. Them is no flu pandemic new – tad people can plan new to protect thermodyes, their families, and their bootnesses.

#### Stay in Business

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- Plan how you will work with employees, other business pathods, other companies, and the government before, during, and after a flu pandemes.

#### Protect your People

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- key documents and identification (passport, government) issued identification, health records, health insurance papers);
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### **Questions or Comments**
## **STAY IN BUSINESS**

# Being prepared for a Human Influenza Pandemic







#### Expect the Unexpected



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- To assist small businesses understand the likely impacts of a human influenza pandemic on their businesses
- To help SMEs get started with their preparations for a potential pandemic





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# Overview

- What a pandemic will be like
- Community impacts
- Impacts on businesses
- What you can do to minimise the impact
- How to start planning
- Importance of testing your plan
- Keeping staff healthy





# What will a pandemic be like?

- Influenza pandemic will be unlike any other modern disaster and will create new challenges for governments, communities and the businesses
- The actions of governments, businesses and community organisations in preparing for, and during, a pandemic will have a major impact on a country's ability to cope and recover quickly





# What will a pandemic be like?

If the pandemic is as severe as Spanish influenza 1918-19, Asian Influenza 1957-58 or Hong Kong influenza 1968-69 with **no mitigation** (i.e. no public health control measures) Australia might expect:

- 13,000 deaths
- 57,900 hospitalisations
- 2.6 million outpatient visits





# Working together

- A pandemic will be a time for governments, businesses, not for profit organisations and the community to work together
- Although government can assist with information and planning tools, it is up to businesses and community organisations themselves to prepare and ensure they are in the best position to mange the effects of a pandemic





# Assumptions

- A pandemic may last between 6 to 18 months and come in several waves
- Each wave may last 6 8 wks (unmitigated)
- Absentee rate from work of up to 50% may occur during a pandemic wave
  - absenteeism may be due to illness, death, caring for others, fear, inability to get to





# **Community impacts**

- High worker/volunteer absentee rate
- Restrictions on movement of people
- Temporary closure of venues/events
- Availability of goods and services reduced
- Fuel and energy supplies may be disrupted
- Financial implications
- Competing demands for community services
  additional demands for counselling, mental health services and general health services





# How a pandemic might affect businesses

#### Shortage of staff

- Plan for 25-50% staff absences at the peak of the pandemic
- It is likely there will be several waves in a pandemic





# How a pandemic might affect businesses

- Shortages of supplies/ inputs to locally produced goods and services
- The movement of people/goods delayed
- Availability of services from other suppliers
- Demand for services
- Fuel and energy supplies may be disrupted
- Temporary closure of venues/events
- Financial implications



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# What you can do

- Identify essential business activities (& core people and skills)
- Identify the infrastructure and resources required to continue operating
- Develop mitigation strategies for disruptions
- Ensure relevant employees, customers and suppliers are aware of the contingency arrangements and that they work
- Minimise illness in workers





# Specifically

- Identify core people & skills
- Establish a pandemic planning team
- Plan for staff absences
- Consider the effects of shortages on operations
- Establish and maintain two-way communication
- Consider human resource issues
- Test your plan
- Keep staff healthy





# Identify core people & skills

- What are the 'essential' parts of the business?
- Who are the core people and what skills are required?
- Are there sufficient backups for them or are other resources available?
- Is it possible to operate remotely?
- Who are the core people to manage the pandemic plan?
- What systems rely on periodic physical intervention?
- Do you have adequate operating infrastructure?





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# **Pandemic Planning Team**

#### But Do You Have Enough People To Do These Jobs?



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# Plan for staff absences

Strategies to help lessen the impact include:

- Share critical information and general knowledge
- Identify backup personnel for key positions
- Encourage staff to multi-task (learn other's jobs)
- Plan to scale down operations at various absenteeism levels
- Establish work from home policies
- Conduct exercises to see how reduced staffing affects your business







# Shortages of supply

- Consider the need for ensuring adequate availability of essential supplies
- Absences of transportation staff & disruptions may affect production and delivery of needed supplies. Supply lines may also be affected by travel restrictions
- International air and ship movements may be disrupted which may impact on both imported and exporting activities





# **Two-way communication**

- Know if or when the pandemic phase changes
- Become aware of developments in treatments or new information
- Know about the spread in other countries
- Implement quarantine arrangements
- Be able to contact staff and customers quickly (e.g. for business closures)





## Human resource issues

- Identification of triggers where you might decide to stay open for business or close (if a nonessential services)
- Consideration of employee risks
- Application of relevant legislation





## Human resource issues

Managing fear and anxiety

- Communicate the possibility of a pandemic, and your organisation's preparedness to manage it early to staff
- Discuss with staff possible health and safety issues, the potential for stand down, and leave arrangements if they are ill or need to look after children or relatives
- Communicate your management plan to staff, including during the pandemic itself



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## Human resource issues

- Consider establishing a 'communication's tree' so that people can keep in touch
- Establish a way of following-up on staff who have not reported to work and may be ill

#### Supporting families

- How might you assist essential workers who are needed at work, with childcare arrangements.
- Consider their needs to have regular contact with their families to ensure they are safe and





# Test your plan

- Once developed test your plan to know how well it might work in a real situation and if you have overlooked anything
- Official advice of a change in the pandemic phase may signal to businesses the need to activate business continuity plans or specific actions in those plans
- Having well rehearsed plans in place can help you know when to activate all, or some sections, in your business continuity plan





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# **Keep staff healthy**

- Follow normal health and hygiene procedures everyday at home or the office
- Implement additional measures (cleaning) to minimise the transmission of the virus through environmental sources, particularly hard surfaces
- Influenza can spread in internal spaces that are not adequately ventilated. All internal spaces should be well ventilated, and air-conditioning systems well maintained





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# **Keep staff healthy**

- Use of personal protective equipment masks and protective barriers
- Perspex or glass may provide useful protection for people such as front counter staff, where social distancing is not practicable
- Reducing contact with others the virus can travel up to one metre when someone sneezes or coughs
- Keeping sick workers at home





# **Keep staff healthy**

- Restricting staff travel governments publish travel advisories for those travelling overseas
- Duty of care to customers Businesses should take reasonable steps to ensure that their customers are provided with as much assistance as possible, including in a pandemic, without exposing others to a risk





#### Help protect staff from getting sick

Influenza protection measure	Where applicable
Hand hygiene, cough etiquette, ventilation and washing surfaces	Everyone, all the time
Social distancing	Everyone, whenever practical
Protective barriers	In situations where regular work practice requires unavoidable, relatively close contact with the public
Disposable surgical mask	Workers in any community or health care setting who are caring for the sick
Disposable PS (N95) masks, eye protection, gloves, gowns/aprons	Masks should be used for those who are involved in performing aerosol generating procedures and invasive therapies and for those who are in close contact of an infectious person





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## Resources

Comprehensive Business Continuity Guide for use by Australian Businesses

www.innovation.gov.au



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#### Influenza Pandemic Kit for Small Businesses

www.innovation.gov.au





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## Resources

Building resilience through business continuity and pandemic planning – booklet and workbook www.fahcsia.gov.au





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National Action Plan for Human Influenza Pandemic (Australia) <u>www.pmc.gov.au/publications/pandemic</u>

The Australian Department of Health and Ageing <u>www.health.gov.au/pandemic</u>

Current reports on influenza H5N1 cases in humans and related issues can be found at the WHO website. <a href="http://www.who.int/csr/disease/avian\_influenza/en/index.html">www.who.int/csr/disease/avian\_influenza/en/index.html</a>

The Centers for Disease Control and Prevention : www.pandemicflu.gov

Business continuity online newsletter is available for free subscription. Visit:

http://www.continuitycentral.com/subscribe.htm





## QUESTIONS







## Protect the Health of Your People



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#### **Protect the Health of Your People**

- How is flu transmitted?
- How to break the cycle of transmission
- Early, targeted, and layered strategies
- Planning issues for SMEs





#### Influenza Virus Transmission

- Respiratory route
  - Primarily by large droplets
  - Possibly small particle "short distance" aerosols
- Contact
  - Hand contact with secretions







#### Why Bird Flu is Not So Easily Spread To and Among Humans

• Cell receptors for avian viruses are found in the lower respiratory system

• For the viruses to be transmitted efficiently, they have to multiply in the upper respiratory system so that they can be transmitted by coughing and sneezing.





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SOURCE: University Of Wisconsin-Madison (2006, March 27). Cell Barrier Shows Why Bird Flu Not So Easily Spread Among Humans. *ScienceDaily*. http://www.sciencedaily.com-/releases/2006/03/060322181022.htm



#### How Do We Break The Cycle of Transmission?







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## **Potential Tools in Our Toolbox**









- Pandemic Vaccine will probably be unavailable during the first wave of a pandemic
- The supply of **antiviral** medications is limited
  - Infection control and social distancing measures:
    - Transmission Interventions (Infection Control)
    - Contact Interventions (Social Distancing)



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#### **SARS:**







## **Infection Control Measures**

- Transmission Interventions (Infection Control)
  - Hand hygiene
  - Facemasks
  - Cough and sneeze etiquette
  - Sick people stay home (isolation)
  - Perhaps stay home if have an ill household member (voluntary home quarantine)
  - Environmental cleaning







## **Social Distancing Measures**

#### **Contact Interventions (Social Distancing)**

- Protect children and teens
  - Schools may close
  - Childcare programs may closure
  - Perhaps keeping children and teens at home
- Cancellation of mass gatherings
- Alternatives to face-to-face contact at work
- Increasing distance between people (>1-2 meters)
- Decreasing number of contacts





#### **Goals for Mitigating a Pandemic**

- 1. Delay disease transmission and outbreak peak
- 2. Reduce peak burden on community and infrastructure
- 3. Diminish overall number of people who get sick and die





#### Interim Pre-pandemic Planning Guidance: Community Strategy for Pandemic Influenza Mitigation in the United States—

Early, Targeted, Layered Use of Nonpharmaceutical Interventions







## Early, Targeted & Layered Community Mitigation Strategies



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## EARLY







## **1918 Outcomes by U.S. City**

City	First Cases	Death Rate
Boston	8/27/18	5.7
Philadelphia	By 9/11/18	7.4
New Haven	Week of 9/11/18	5.1
Chicago	9/11/18	3.5
New York	Before 9/15/18	4.1
Pittsburgh	Mid-9/18	6.3
Baltimore	9/17/18	6.4
San Francisco	9/24/18	4.7
Los Angeles	"Last days 9/18"	3.3
Milwaukee	9/26/18	1.8
Minneapolis	9/27/18	1.8
St. Louis	Before 10/3/18	2.2
Toledo	"First week 10/18"	2.0

Death rate from influenza and pneumonia / 1000 population: "Causes of Geographical Variation in the Influenza Epidemic of 1918 in the Cities of the United States," *Bulletin of the National Research Council*, July, 1923, p.29.



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#### Comparing outcomes during the 1918 pandemic in two US Cities: Philadelphia and St. Louis



Source: Hatchett, Mecher, & Lipsitch. Public health interventions and epidemic intensity during the 1918 influenza pandemic. PNAS Early Edition. April 6, 2007





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## **St. Louis**







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## TARGETED



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### **1918 Age-specific Attack Rates**



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## LAYERED



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## **Layered Solutions**





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## **U.S. Community Mitigation Interventions**



- 1. Asking sick people to stay home and treating them with antiviral medications
- 2. Asking household members of a sick person to stay home
- 3. Dismissing children from schools and closing childcare and keeping kids and teens from re-congregating and mixing in the community
- 4. Social distancing at work and in the community

# Implementing measures in a uniform way as early as possible during community outbreaks





## Considerations for Community Mitigation Strategy

- Voluntary restrictions preferred
- Interventions based on best available science
- Important for SMEs and all employers to ask sick people to stay home
- Public engagement crucial
- Balance individual benefit and common good
- Planning to reduce adverse consequences of strategy







### **U.S. Pandemic Severity Index**







### Summary

#### SMEs can take action to reduce transmission of pandemic influenza and protect the health of their workers and the community!

#### Planning is CRITICAL for Implementation!



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#### Individual, Family, and Community Response to Pandemic Influenza



## **Closing Thoughts**

#### Leadership

#### Imagination

#### Resilience







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A flu (influenza) pundemic is an extensió of a new flu vinus that spreads around the world. Because it is a kind of flu that is new to people, most people will not be protected (immune) from it. A very tead flu pandemic will make people sick and many may die, and will also affect your transmess. We do not know yet from tod a new flu pandemic will be until it happens. Them is no flu pandemic new – tad people can plan new to protect thermodyes, their families, and their bootnesses.

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- key documents and identification (passport, government) issued identification, health records, health insurance papers);
- · suggities for animula.



#### SME Preparedness is linked to Individual and Family Preparedness!

**Prepare at Home** 



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#### Individual / Family Preparedness is the foundation of business and community preparedness



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## **Business Preparedness**



#### Why should employees of SMEs prepare at home?

During a flu pandemic there may be disruptions in communities People may not be able to get to a store or market Stores and marketplaces may be temporarily closed Communities may not be able to get water to homes or businesses The better employees are prepared at home, the more resilient they are

When employees are prepared at home, business preparedness is improved





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Stock up on:

- extra food that won't spoil
- food and supplies for children
- clean water to last for at least 2 weeks or a water purification system
- flashlight and batteries
- soap and water to wash hands
- thermometer
- handkerchiefs/tissues
- •extra cash
- key documents and identification (passport, government issued identification, health records, health insurance papers, extra copy of business papers)
- extra supplies for animals





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**Issues for Employee planning at home:** 

#### **BE PREPARED**

- Plan for the possibility that usual community services may be disrupted
- Ask your employer about how business will continue during a pandemic
- Plan for the possible reduction or loss of income if you are unable to work or your place of employment is closed
- Check with your employer about leave policies
- Make a plan to take care of children if schools close
- Make a plan to care for sick family members or neighbors who live alone
- Prepare backup plans for taking care of loved ones who are far away
- Find out if you can work from home
- Consider other ways to get to work, or, if you can, work at home





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**Issues for Employee planning at home:** 

#### **STAY HEALTHY**

- Take common-sense steps to limit the spread of germs
- Wash hands frequently with soap and water
- Cover your mouth and nose with a tissue when you cough or sneeze
- Put used tissues in a waste basket
- Cough or sneeze into your upper sleeve if you don't have a tissue
- Clean your hands after coughing or sneezing. Use soap and water or an alcohol-based hand cleaner
- Wear a facemask if you have to be in a crowded setting
- Stay at home if you are sick





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**Issues for Employee planning at home:** 

### **BE INFORMED**

- Knowing the facts is the best preparation
- Identify sources you can count on for reliable information.
- Find out what is being planned in your community, state/province and economy



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# **Psychological impacts**

- Fear and anxiety / Mental health
- Relationships
- Caring responsibilities



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- School and child care centre closures
- Financial pressures
- Sense of community
- Stay healthy mentally and physically



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# *Try to maintain some normality in your life*

# **BUT PLAN TO BE FLEXIBLE**

# (In a pandemic things will be different)



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# **Reference** material

New Zealand tool and resources

www.moh.govt.nz/pandemicinfluenza

Getting ready brochure

<u>Australian pantry list</u>

www.pantrylist.com.au



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### Hygiene – keeping dean

Washing and drying your hands properly is one of the best ways of protecting yourself against the spread of germs. Wash hands for at least 20 seconds with soap or an alcohol-based rub. Drying hands well is important too.

 Wash and dry hands:
 before preparing food and eating
 after coughing or sneezing, blowing noses, wiping children's noses, visiting the toilet or looking after sick people.

Keep your coughs and sneezes covered. Put tissues straight into a covered, lined rubbish bin or a plastic bag.

Try to stay a metre away from sick people to reduce the spread of germs.

If you work from home or run your own business

Vou need to think about how to keep your business running. You will find some ideas in the Business Planning Guide at www.med.govt.nz – select from the list 'influenza Pandemic Planning Information for Business Continuity' then select '1. Business Continuity Planning Guide'.

You may want to talk to your insurance provider about your cover. More information on influenza and planning for an influenza pandemic is available on:

www.moh.govt.nz/pandemicinfluenza or you can call 0800 286 358



HE1717

# Getting ready for a flu pandemic

MINISTRY OF





New Zealand Government

# Getting ready for a flu pandemic

When a new flu virus infects many people around the world, it is called an influenza pandemic.

Health experts and governments around the world are worried that the flu virus H5N1 affecting birds (avian influenza or bird flu) could change into a virus that easily affects people. If this happens, and the new virus enters New Zealand, many of us could become very sick. There are a few simple things you can do now to prepare

### Have a plan

During a pandemic, you or your family may be so sick that you need to stay at home for several weeks. Make a plan with family and friends so it includes:

W who could help with food and supplies if you and your household are if

If you have prescription medicines (eg, for blood pressure), renewing your prescription well before you run out

the telephone numbers of people who live near you, as well as your doctor's phone number. (Keep this in a place that is easy to see, eg, on the fridge door.)

an emergency supplies kit – see the 'Emergency Survival Items' list on the Inside back cover of the

Yellow Pages. Or check the Ministry of Civil Defence and Emergency Management website on www.civildefence.govt.nz

### Build up your emergency supplies kit

Have a supply of food and drinks to last for at least a week. Choose long-lasting foods in cars and packets, and dired foods.

Paracetamol or ibuprofen are good for bringing down a fever and reducing aches and pains. Do not use anything else for children unless you talk to your doctor or pharmacist first.

Masks worn by sick people can help stop the spread of gerins. You can buy masks from a pharmacy (or from a hardware store). If there is a pandemic, people will be told how and when to use their masks. A mask can be worn only for a short time, and needs changing when wet from sneezing and coughing.

Have tissues (or toilet paper) and plastic bags for used tissues.

EMERCENCY KIT

Think about things to do, if you and your family have to stay home for more than a week (eg. books, games and videos).

Flu jabs

Ask your doctor for an influenza vaccination each year. The usual yearly flu jabs will not protect you against a new pandemic, but they will help stop you getting ill with other influenza viruses. Because these viruses change all the time, you need to get vaccinated every year.

Vaccination is free for people aged 65 years and over, and adults and children with certain long-term (chronic) conditions.

# Individuals and Families Prepared







ſΠΠ

# Businesses Prepared





# Questions? Comments?

# **Prepare at Home**



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# Developing a business continuity pandemic plan

# - a practical workshop session



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# **APEC Flu planning guide**

- <u>Develop a plan</u>
- Test review and update your plan
- How will you run your business with many staff away
- How will school closures affect your staff
- Plan for changes in demand
- Put some extra cash aside
- How will you communicate with staff, suppliers and others
- How will you work with employees, other business, and government during a pandemic





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# Issues to consider in your plan

- Staff shortages
- Health and Hygiene
- Quarantine
- Leave
- Working Arrangements
- Family support including bereavement, and
- Travel



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# **Developing a plan**

If you have a business continuity plan for a crisis or disaster you are part way there – just add any additional considerations for managing the impacts of a pandemic.

## BCP

Loss of critical staff

Loss of critical assets

Loss of critical consumables ——

Loss of critical suppliers



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# + Pandemic

- + consider: welfare, health, hygiene & return to work
- + consider extended difficulties in replacement & security
  - + consider extended difficulties in replacement & security
  - + consider prolonged absence and extreme shortage of alternatives

# 7 Steps to a pandemic plan





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# Developing a business continuity pandemic plan

# - a practical workshop session



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- Leave
- Working Arrangements
- Family support including bereavement, and
- Travel



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# **Developing a plan**

If you have a business continuity plan for a crisis or disaster you are part way there – just add any additional considerations for managing the impacts of a pandemic.

## BCP

Loss of critical staff

Loss of critical assets

Loss of critical consumables ——

Loss of critical suppliers



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# + Pandemic

- + consider: welfare, health, hygiene & return to work
- + consider extended difficulties in replacement & security
  - + consider extended difficulties in replacement & security
  - + consider prolonged absence and extreme shortage of alternatives

# 7 Steps to a pandemic plan





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### Step 1 – Understand your organisation's business TEMPLATE

Key business activities/services	Essential or Non-Essential activities/services	Internal or External	Identify what support your key activities/services depend on
List your key business activities/services in order of priority (e.g. home delivery of meals, payroll/rostering of staff etc.)	In the event of influenza pandemic is the activity/service essential or non-essential?	Is the activity/service an internal function or external deliverable?	What do you depend on, so that you can deliver the service/activity (e.g. IT, information, government funding, people, fundraising, facilities etc)?



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### **Step 2 – Identify the risks TEMPLATE**

Identify risks	Impact on organisation	Likelihood of occurrence	Rate (the risks) in order of priority
In the event of an influenza pandemic, identify the risks that may impede your organisation's ability to meet its key business services/activities (e.g. absenteeism of staff, loss of IT etc ).	Describe the possible impact of the risk (if it were to occur), including any interdependencies that may be affected.	High, medium or low?	ldentify your top five risks.





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### **Step 3 – Minimise the impact of the risks TEMPLATE**

### Before the event

Identified Risk	Action/Treatment	When	Supporting Documents/Resources	Who's Responsible
List the prioritised risks identified in Step 2.	Outline the action/treatment you could take before the event occurs, to minimise the impact of the risk. Include any relationship with other organisations, individuals and their facilities/resources.	Detail when you would activate/ complete the action/treatment.	Identify your key documents and resources (that will be used as part of your action/treatment plan), how they can be accessed and where they are retained.	Include delegation of authority, escalation processes and key contacts.



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### **Step 4 – Identify response actions if risks occur TEMPLATE**

This template will form part of your overall plan in Step 5.

### During the event

Identified Risk	Action/Treatment	When	Supporting Documents/Resources	Who's Responsible
List the prioritised risks identified in Step 2.	Outline the action/treatment you would take during the event, to manage the impact of the risk. Include any relationship with other organisations, individuals and their facilities/resources.	Detail when you would activate/ complete the action/treatment (e.g. day 1, day 3, week 2, 1st month etc).	Identify your key documents and resources (that will be used as part of your action/treatment plan), how they can be accessed and where they are stored.	Include delegation of authority, escalation processes, key contacts and any possible changes to accountability.





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### Step 5 – Action plan TEMPLATE

### **Organisation Details**

Details	
Organisation Name	
Address	
Location (Street Directory Reference)	
Telephone Number	
Facsimile Number	
Email Address	

# External Contact Details Organisation Name Office Number After hours Number Police Police Fire Ambulance Insurance Company Contractors Suppliers Volunteers

### Key Response Team - Contacts and Roles

Name	Work number	After hours Number / Mobile	Role in an event	Back-up



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### **Team Procedures:**

Team:		Manager:		
		Back-Up Manager:		
Procedures	Action Required			
	Before the Event –	Demons Deemonsikle		Supporting Documents/
	Preparation Phase	Person Responsible		Resources
	During the Event		Time Elapsed	Supporting Documents/
	During the Event - Immediate Phase	Person Responsible	(hours/days)	Resources
	After the Event -		Time Elapsed	Supporting Documents/
	Recovery Phase	Person Responsible	(days/months)	Resources





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### Step 6 – Communicate the plan TEMPLATE

### **Communication Strategy**

Objectives	Target Group	Key Messages	Communication tool	Notes
Outline the objectives you need to achieve as part of your communicating the business continuity plan (e.g. customers have the information they need during and following an event; managers keep their staff informed of what to do in an emergency).	Specifically identify who needs to receive the information/message (e.g. which customers, managers, volunteers, suppliers, business partners?).	Detail the information you need to provide at various stages of the event (to ensure your objective is achieved).	Identify the tools you have available to distribute information (e.g. manager's kit, fact sheets, posters in the workplace, planning meetings).	Identify when, who and how the message will be communicated, including how you can check the objective has been achieved.



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### **Step 7 – Test and review your plan TEMPLATE**

### **Business Continuity Planning Checklist**

Question	Yes	No
Do you know what the most critical functions and services of your organisation		
are?		
If yes, have these functions been documented?		
Do you know what impact a pandemic might have on your organisation and		
services?		
If yes, have these impacts been documented?		
Do you know who the key people are in your organisation and their roles?		
If yes, have they been documented?		
Do you know what key skills are required to continue the delivery of your key services?		
If yes, have they been documented?		
Are you aware of the contribution made to your organisation by volunteers?		
If yes, is it documented?		
Do you know how long you can continue to operate with limited staff and limited or no		
volunteers?		
If yes, has this been documented?		
Do you know what specialist information technology and/or equipment is required for		
operation?		
If yes, has this been listed?		
Do you know which supplier organisations or contractors are required for you to		
continue to operate?		
If yes, are there alternative options available?		
Have you seen their plans to ensure they will still be able to provide		
products/services to you?		
Do your employees know what to do in a pandemic?		
Have you developed social distancing policies? Are staff aware of pandemic hygiene and		
social distancing practices?		
Have you rehearsed measures that support social distancing i.e. testing technology for		
employees to work from home, establishing teleconferencing facilities etc?		
Do you have the contact details for your employees, volunteers, suppliers, insurers		
and contractors if you need them in an emergency?		
Is this information stored in more than one place?		
Does your location or neighbouring organisations increase your risk (e.g. do you have		
a reception desk that is open to the public)?		
Do you have supplies of masks, gloves, detergents, alcohol wipes etc?		
Do you have cash reserves?		
Would staff/volunteers be able to assume different roles to ensure the delivery of		
services if required (e.g. have staff been crossed trained)?		
Do staff members share in key organisational information or is it accessible (e.g. can		
several people access keys, passes, safe combinations) if access is required in		
an emergency?		

If you answered "No" to any of these questions, you should consider developing or expanding plans that can assist you to manage an unscheduled event.

If you answered "Yes" to any of these questions, you should still remember to review and update these plans.